



PREPARATION GUIDELINES

ANTERIOR CROWNS

**The amount of tooth preparation is based on the degree and location of discoloration, expectation of the outcome and the space requirements of the restorative material*

MINIMAL CROWNS (normal prep color = no mask of prep is required): Monolithic or Layered Restoration)

- e.max (bonded) and Translucent Zirconia

- 0.8 to 1.0 mm flat shoulder with round internal round angle
- 1.2 mm in the incisal 1/3rd facially
- 1.0 to 1.2 mm palatal

CONVENTIONAL CROWNS (significant prep discoloration = some masking of prep is required): Layered Restoration - e.max (cemented or bonded), and Translucent Zirconia

- 1.0 mm flat shoulder with round internal round angle
- 1.5 mm in the incisal 1/3rd facially
- 1.0 to 1.2 mm palatal

EXTENSIVE CROWNS (severe prep discoloration = total masking of prep is required): Layered Restoration is required - e.max (HO), PFM, PFZr

- 1.2 mm flat shoulder with round internal round angle
- 1.7 mm in the incisal 1/3rd facially
- 1.0 to 1.2 mm palatal

ANTERIOR VENEERS

**The amount of tooth preparation is based on the degree and location of discoloration, expectation of the outcome and the space requirements of the restorative material.*

MINIMAL VENEER - Indicated for 0-1 shade changes

Monolithic (possible micro-layer lamination): e.max

- 0.3 mm gingival 1/3rd
- 0.5 mm middle 1/3rd
- 0.7 mm incisal 1/3rd
- 2.0 mm incisal edge

CONVENTIONAL VENEER - Indicated for 1-2 shade changes (Monolithic or Laminated): e.max

- 0.5 mm gingival 1/3rd
- 0.7 mm middle 1/3rd
- 0.9 mm incisal 1/3rd
- 2.5 mm incisal edge

EXTENSIVE VENEER - Indicated for 2-3 shade changes.

(Laminated veneer required - Monolithic is not recommended): e.max

- 0.8 mm gingival 1/3rd
- 1.0 mm middle 1/3rd
- 1.2 mm incisal 1/3rd
- 2.5 mm incisal edge

POSTERIOR CROWNS

ALL LAYERED RESTORATIONS - PFM, PFZr and Cemented

Monolithic e.max

- 1.5 mm minimum (material thickness) cusp reduction and the central groove (occlusal reduction)
- 1.0 mm flat shoulder margin with round internal line angle (if ceramic margins are planed for PFM and PFZr)
- 1.0 to 1.5 mm axial wall reduction with 6-8 degree taper

BONDED MONOLITHIC E.MAX

- 1.0 mm minimum (material thickness) cusp reduction and central groove
- 1.0 mm flat shoulder with round internal line angle
- 1.0 mm axial wall reduction with 6-8 degree taper

HIGH STRENGTH MONOLITHIC ZIRCONIA (800-1200 Mpa)

- 1.0 mm minimum (material thickness) cusp tips and the central groove
- 0.3 to 0.5 mm gingival chamfer margin
- 1.0 mm axial wall reduction with 6-8 degree tapered for the axial walls

LOW STRENGTH MONOLITHIC ZIRCONIA (500-800 Mpa)

- 1.2 to 1.5 mm (material thickness) cusp tips and the central groove
- 0.8 to 1.0 mm flat shoulder with round internal line angle
- 1.2 to 1.5 mm axial wall reduction with 6-8 degree taper

MARYLAND BRIDGE

- 1 pontic -1 wing (abutment)
- Try to stay in enamel
- 0.5 mm chamfer
- Slight mesial and distal grooves
- Occlusion will impact the location of the finish line on the lingual

GENERAL CONCEPTS

To close the interdental spaces:

- The gingival interproximal finish line must be 0.5 to 1.0 mm sub-gingival, depending on the size of the space.
 - The finish line is never deeper than $\frac{1}{2}$ the depth of the sulcus to avoid impinging on the biologic width.
- The axial interproximal finish line for veneer restorations must be 1.0 to 2.0 mm lingual to the tip of the papilla (interproximal contact), depending on the size of the space.



ESTHETICS BY DESIGN

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